Preparing For Your Next Life Phase

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#ICMA2018
Welcome

• Purpose of session
• Overview
  • Share our hopes, dreams & fears
  • Identify the big questions
  • Provide five tips for getting
  • Discuss encore resources
  • Suggest ways that your State Associations can start your own Encore Program (with our help if desired)
  • Respond to the big questions
• What we hope you will get out of the exchange
Sharing One Hope, One Fear & One Big Question

• Use large index card
  • On one side of the card, identify **one hope or dream & one fear** for your encore phase
  • On the other side, identify **one big question** that is unresolved in your mind about your transition into your next life phase
• Share in pairs
• Sampling in large group
• Record the big questions
Five Tips for Getting Ready

1. Reflect
   - What would energize you?
   - What would be fulfilling or fun?

2. Share your thinking with your partner, friends, and trusted colleagues
   . . . & get feedback

3. Connect with others in respect to your encore interest(s)
   - Consultants, interim managers, car restorers, sailors
   - Pick their brains
   - What energizes them? Why?
   - What is difficult or challenging?
   - What are some lessons or tips based on their experience?
Five Tips for Getting Ready (con’t)

4. Try out or **rehearse** your encore activity
5. Begin **laying the ground**
   - Let people know of your interest
   - Get an informal peer coach
   - Get the garage ready for any car restoration work or get the tech (& tech support) you need
   - Develop a sample syllabus
   - Get business cards
Steps for State Associations To Start an Encore Program

1. Promote the existing resources available through Cal-ICMA
2. Form an Association committee to promote “encore manager” activities & resources
3. Create a few small program efforts, such as a round table discussion on encore opportunities at an upcoming Association meeting
4. Contact for help or resources any of the Cal-ICMA Encore Committee members:
   Kevin O'Rourke at kevin@kolgs.com
   Mike Garvey at garveycgs@yahoo.com
   Frank Benest at frank@frankbenest.com
Responding to the Big Questions