

Preparing For Your Next Life Phase

Kevin O'Rourke, former City Manager,
Fairfield, CA

Frank Benest, former City Manager,
Palo Alto, CA

#ICMA2018

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conference

BALTIMORE
104th Annual Conference
SEPTEMBER 23-26 **2018**



Welcome

- Purpose of session
- Overview
 - Share our hopes, dreams & fears
 - Identify the big questions
 - Provide five tips for getting
 - Discuss encore resources
 - Suggest ways that your State Associations can start your own Encore Program (with our help if desired)
 - Respond to the big questions
- What we hope you will get out of the exchange

Asking the big questions...?

Sharing One Hope, One Fear & One Big Question

- Use large index card
 - On one side of the card, identify **one hope or dream & one fear** for your encore phase
 - On the other side, identify **one big question** that is unresolved in your mind about your transition into your next life phase
- Share in pairs
- Sampling in large group
- Record the big questions



Five Tips for Getting Ready

1. Reflect

- What would energize you?
- What would be fulfilling or fun?

2. Share your thinking with your partner, friends, and trusted colleagues ... & get feedback

3. Connect with others in respect to your encore interest(s)

- Consultants, interim managers, car restorers, sailors
- Pick their brains
- What energizes them? Why?
- What is difficult or challenging?
- What are some lessons or tips based on their experience?



Five Tips for Getting Ready (con't)

4. Try out or **rehearse** your encore activity

5. Begin **laying the ground**

- Let people know of your interest
- Get an informal peer coach
- Get the garage ready for any car restoration work or get the tech (& tech support) you need
- Develop a sample syllabus
- Get business cards



**KEEP
CALM
AND
REHEARSE**

Steps for State Associations To Start an Encore Program

1. Promote the existing resources available through Cal-ICMA
2. Form an Association committee to promote “encore manager” activities & resources
3. Create a few small program efforts, such as a round table discussion on encore opportunities at an upcoming Association meeting
4. Contact for help or resources any of the Cal-ICMA Encore Committee members:

Kevin O'Rourke at kevin@kolgs.com

Mike Garvey at garveycgs@yahoo.com

Frank Benest at frank@frankbenest.com

A light blue rectangular box containing the word "encore!" written in a black, handwritten-style font. The word is slanted upwards to the right and ends with an exclamation point.

Responding to the Big Questions



An aerial photograph of Baltimore, Maryland, showing the harbor, city buildings, and a marina. A banner is overlaid at the top. The banner has a dark blue section on the left with the text 'ICMA conference' and a white section on the right with the text 'BALTIMORE 104th Annual Conference SEPTEMBER 23-26 2018'. At the bottom right, there is a hashtag '#ICMA2018'. The bottom of the image features a decorative graphic with red, white, and blue curved stripes.

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