

PLANNING FOR AGING: PROMISING PRACTICES

ICM Conference October 21, 2019



Presentation

Stephanie Firestone, Senior Strategic Policy Advisor, International, AARP

Planning for Aging Overview

Jana Lynott, Senior Strategic Policy Advisor, Public Policy Institute, AARP

Age-friendly Transportation

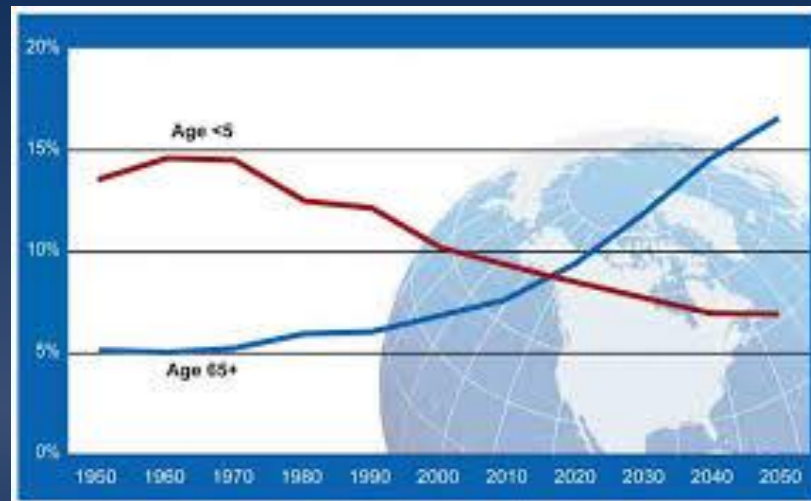
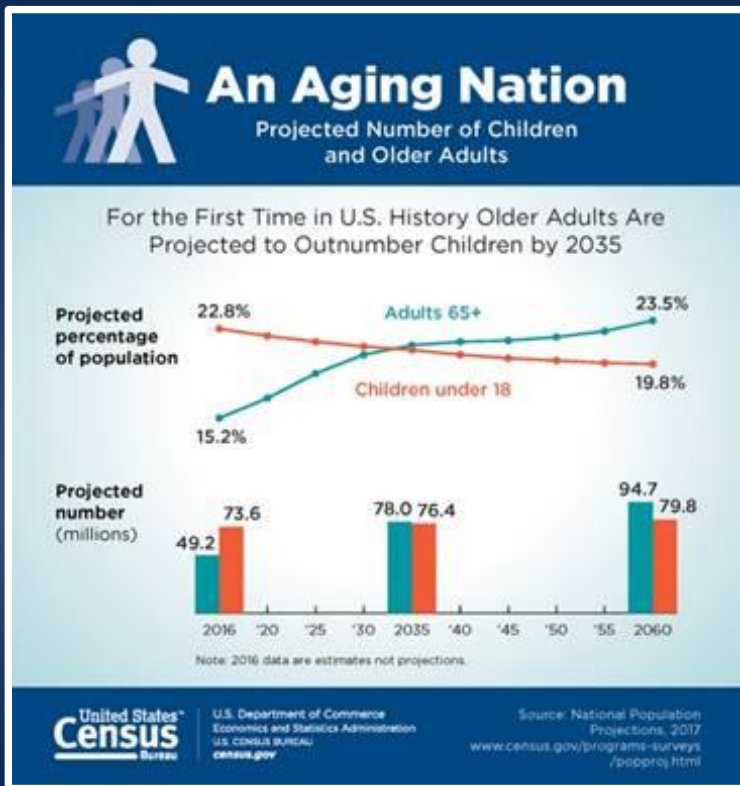
Per Røner, City Manager, Municipality of Stevns, Denmark

Why the Municipality Supports Flextrafik

Cathy Boyer-Shesol, MPA, Mid-America Regional Council

Kansas City Region Age-friendly City Experience

An Aging World



“It is vital to pay attention to other important political systems—particularly those with a worldwide impact.”

—Dr. Ethel Percy Andrus, AARP Founder

ARC

The Aging Readiness & Competitiveness Initiative

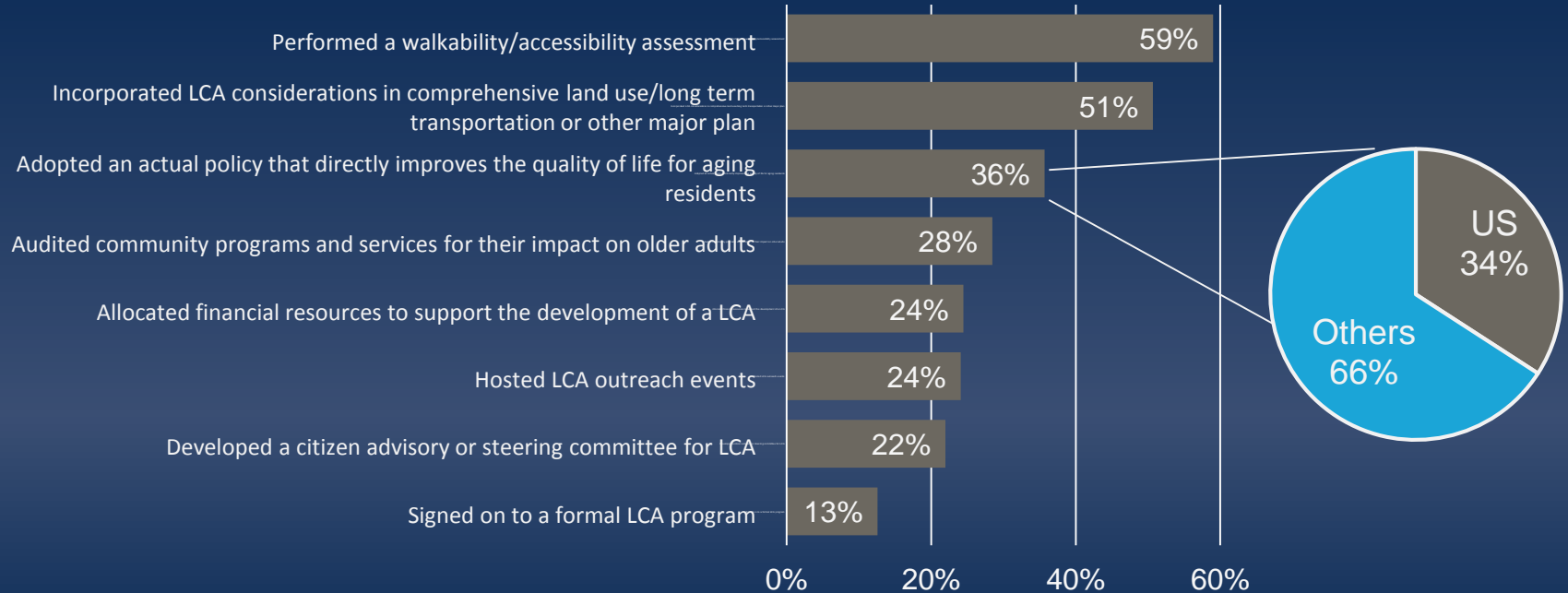
www.aarpinternational.org/arc



33 Countries Represented



Please indicate which of the following actions the local government that you work with has taken to advance LCA:



Why has this local government made planning LCA a part of their practice? Ranked by region (1=highest; 11=lowest)

LCA practice	US	Canada	Europe	A/NZ
Substantial growth in aging population and need to better serve this segment of the population	1	1	1	1
Priority identified during a community planning process	2	2	3	3
A policy window that presented an opportunity (e.g., comprehensive/transportation/pedestrian planning process)	3	4	4	9
Local grassroots advocacy around an issue	5	3	8	2
Building on interest or expertise of staff	4	7	7	4
Policy/ies (at national/regional/local/company level) that mandate this perspective	9	9	2	8
An opportunity to leverage a project or program already underway	6	5	5	5
A new funding or programmatic opportunity	7	6	6	7
Pressure from local officials	8	8	9	6
An incident such as an older pedestrian fatality at a dangerous crosswalk	10	10	10	11
Pressure from business leaders	11	11	11	10

Most important catalysts/motivators for planners to participate in planning LCA

United States

- *Cost-effectiveness*
- *Opportunities and solutions to problems/issues; success stories*
- *Personal experience or compelling stories*

Australia

- *A conscience and a value system which supercedes personal comfort at work*
- *Willingness to confront and be argued with*

Canada

- *Angry seniors getting on the Mayor's case*

Ireland

- *Continued Professional Development credits*

Nigeria

- *Passion*
- *Easy access to data*
- *Effective participation from client*

Slovenia

- *Intergenerational equity*

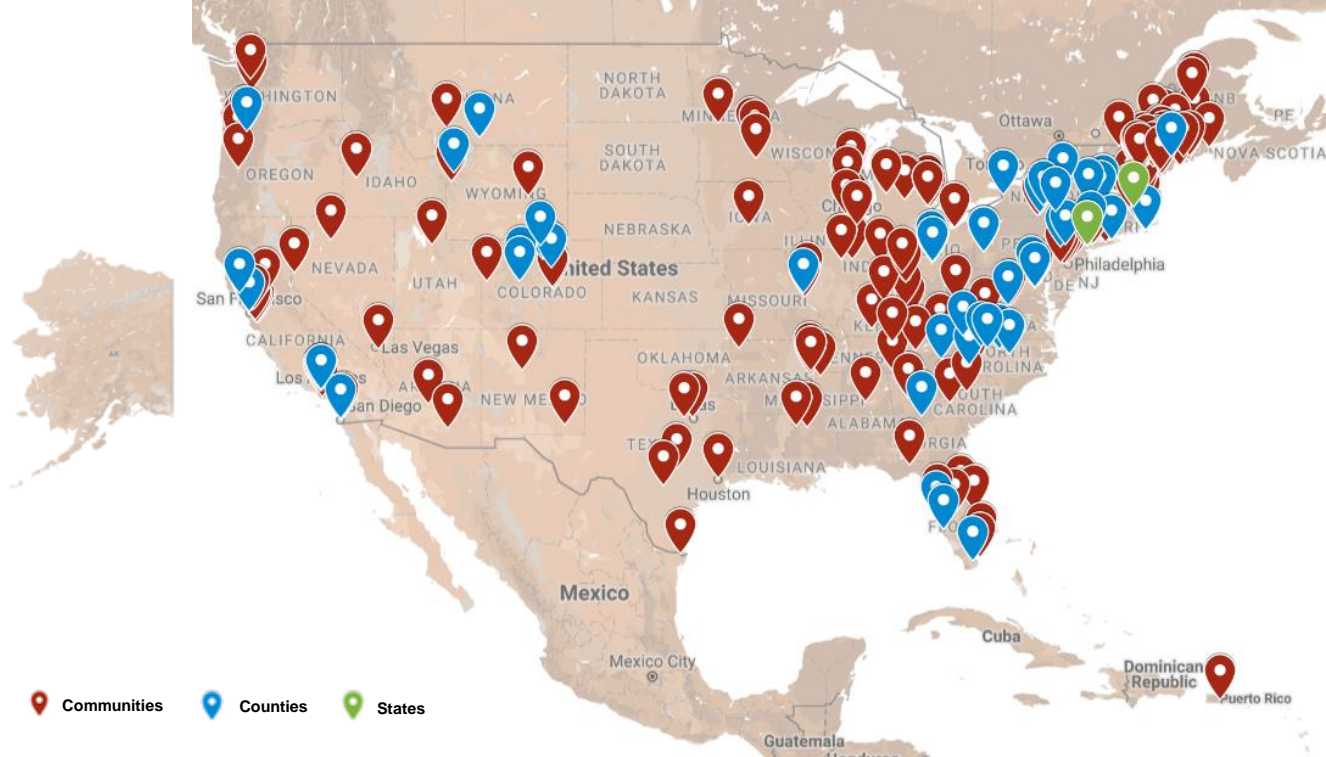
United Arab Emirates

- *Future economic development goals*

United Kingdom

- *Economic feasibility*
- *The quality of the resulting place*

AARP Network of Age-Friendly States and Communities



Developing an age-friendly community: the foundation



Other:

- Elder abuse
- Disaster preparedness
- Public safety
- Dementia-friendly

People want to live in the community they call home

8 of 10
ADULTS

age 50 and older want to stay
where they live



77%

Strongly agree with the
statement, "I would like to
remain in my community as long
as possible."

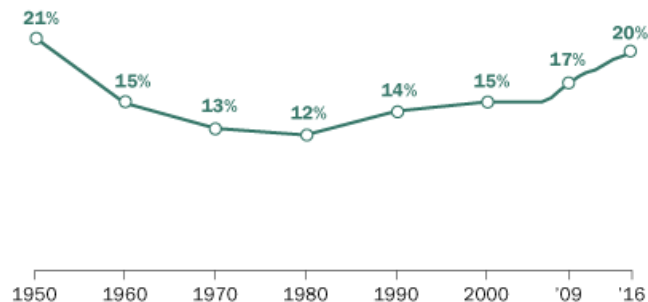
76%

Strongly agree with the
statement, "I would like to
remain in my current home as
long as possible."

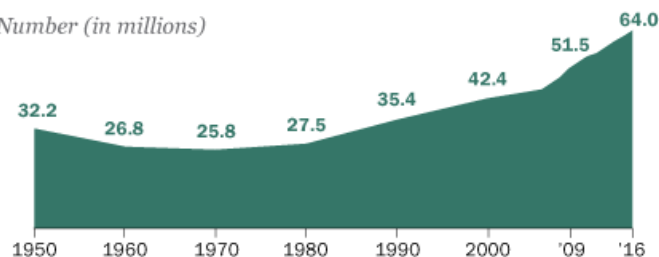
Source: 2018 AARP Home and Community Preferences Survey: A National Survey of Adults Age 18+

One-in-five Americans live in a multigenerational household

% of population in multigenerational households



Number (in millions)

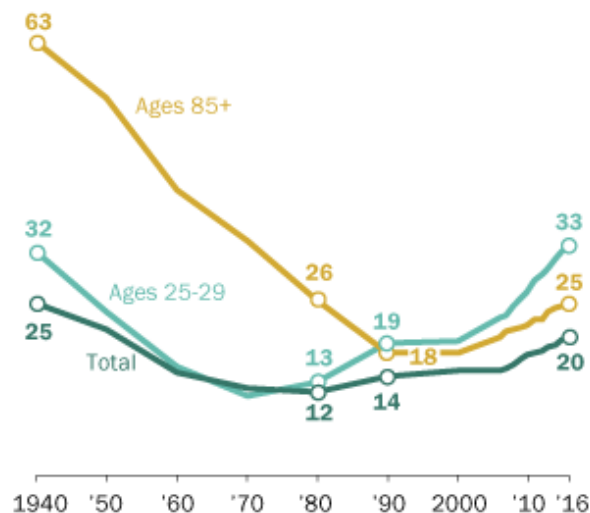


Note: Multigenerational households include at least two adult generations or grandparents and grandchildren younger than 25.
Source: Pew Research Center analysis of 1950-2000 decennial censuses and 2006-2016 American Community Survey (IPUMS).

PEW RESEARCH CENTER

Young adults most likely age group to live in a multigenerational household

% of population in multigenerational households



Note: Multigenerational households include at least two adult generations or grandparents and grandchildren younger than 25.
Source: Pew Research Center analysis of 1940-2000 decennial censuses and 2006-2016 American Community Survey (IPUMS).

PEW RESEARCH CENTER

Information and tools: www.livabilityindex.aarp.org

Current Location: [Rochester, Olmsted County, MN](#)

RECENT LOCATIONS: [Bismarck, ND](#) | [Arlington, VA 22204](#) | [22204, Arlington, VA](#)

[Facebook](#)

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TOTAL INDEX SCORE

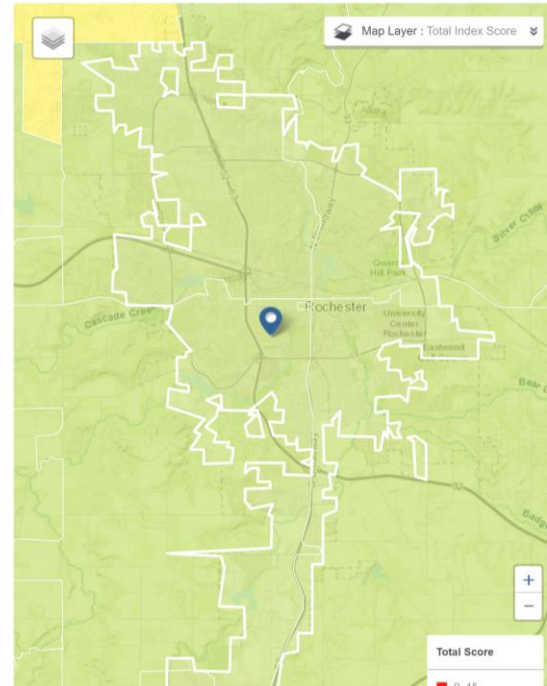


[Livability Score](#) ?


CATEGORY SCORE

56	HOUSING Affordability and access	>
55	NEIGHBORHOOD Access to life, work, and play	>
64	TRANSPORTATION Safe and convenient options	>
69	ENVIRONMENT Clean air and water	>
75	HEALTH Prevention, access and quality	>
62	ENGAGEMENT Civic and social involvement	>
68	OPPORTUNITY Inclusion and possibilities	>

DO MORE WITH THIS SCORE









Information and tools you can use: aarp.org/livable

Real PossibilitiesDonateVolunteerMember BenefitsRewards for Good

AARP Livable Communities

[Livable Home Page](#) · [About Us](#) · [Housing](#) · [Getting Around](#) · [Tool Kits & Resources](#) · [Age-Friendly Networks](#)



AARP ROADMAP TO LIVABILITY

Ready for a Roadtrip?

Book 1 of our six-part how-to series is ready to download or order


- How to engage the right players
- Be notified when Book 2 is ready


1 of 4

AARP Livable Communities Free E-Newsletter

Tool kits, guides, how-to's, interviews, slideshows, best practices, news and much more

Subscribe Now!

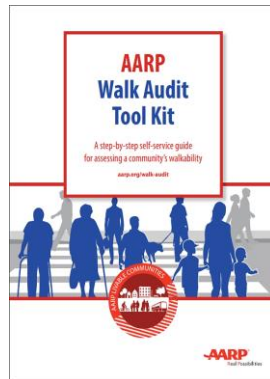
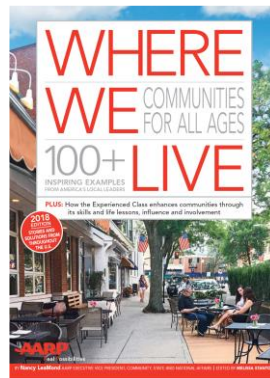





AARP COMMUNITY CHALLENGE

Grants to make communities livable for people of all ages

aarp.org/CommunityChallenge




October 24, 2018View Online



Livable Communities Newsletter


[Home Page](#) | [About Us](#) | [Tool Kits & Resources](#) | [A-Z Archives](#)



Why Walkable Communities Are the Best Communities for Older Adults

Urban planner, author and walkability advocate Jeff Speck offers advice for what to look for — and not fall for — when searching for an aging-friendly place to live.

TIP: HAVING A PLACE TO WALK TO IS KEY




Last Conference Call!

The 2018 AARP Livable Communities National Conference is just a few weeks away. We'll be in Charlotte, North Carolina, November 12-14. Check out our updated conference program, breakout session descriptions and field trip offerings.

REGISTRATION CLOSES SOON

Livability News & Notes



The Mayor Who Banned Cars

By doing so, an historic city center on the decline rebounded to become a safer, healthier, more vibrant and walkable place to live, work and play. [Source: The Guardian >](#)

The Best Type of Car for Older Adults

“Getting into a sports car is a controlled fall into the seat and a climb out,” notes an engineer. “A pickup is the reverse.” The seat height found in small SUVs provides a perfect fit. [Source: Detroit Free Press >](#)

Livability in the Rural Mountain West

Thanks in part to the LOR Foundation, which supports livability efforts in Idaho, Montana, Wyoming, Colorado and New Mexico, this year's AARP Livable Communities conference will include several sessions about livability needs and successes in rural areas. [Source: LORFoundation.org >](http://LORFoundation.org)

Since the AARP Livable Communities team is busy preparing for our aforementioned conference, this newsletter won't be published on Halloween or the day after Election Day. Look for the next issue on November 14.

You can read past issues by visiting the [AARP Livable Communities e-Newsletter archive](#).

2018 Age-friendly City Competition winner

- Multi-modal transportation system
- Smart homes with non-invasive sensors
- Intergenerational Healthy Happy Hours

2019 Best Age-friendly City winner

- Housing with design flexibility
- Engaging older residents in city decision-making



Presenters

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