THE BALANCING ACT OF BEING A PARENT AND CHIEF EXECUTIVE

Speakers: Paul and Tamara Letourneau

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“Balance isn’t something that’s achieved or found. Instead, balance is a carefully choreographed dance: a constant shift from foot to foot. And even in the moments where balance doesn’t exist, joy-founded on grace and intentional simplicity – can.”

- Emily Ley (designer and creator of the Simplified Planner)
Paul & Tammy’s Tips

• Build a supportive team
• Live, love and laugh
• Stay organized
• Plan ahead
• Stay focused
• Schedule “me time”
“Work/life balance is possible as long as we choose intentional simplicity over perfection.”
- Paul & Tamara Letourneau

Leadership Lessons

• **Be the example for our organizations**

• **Create a supportive organizational culture**
You can have work/life balance by giving grace to ourselves, our partners/spouses and employees.
THANK YOU

Questions?