#### OPPORTUNITIES, ACTIONS, ADDITIONAL RESOURCES

http://icma.org/en/ca/programs/encore\_senior\_managers/resources

#### JOB RESOURCES OFFERED BY GOVERNMENTAL AGENCIES:

Regional Government Service JPA (<u>http://www.rgs.ca.gov</u>) Muni-Link (<u>http://www.cacities.org/munilink</u>)

#### JOB RESOURCES OFFERED BY CONSULTING FIRMS\*:

HdL (<u>https://www.hdlcompanies.com</u>)

Kelly Associates Management Group (<u>http://ka-mg.com/</u>)

Management Partners (<u>http://managementpartners.com/</u>

Urban Futures (<u>http://www.urbanfuturesinc.com/</u>)

\*Please note this list is provided as a reference. The Committee is not able to offer any endorsements.

## WAYS TO GIVE BACK OUTSIDE WORK:

## Activities

- Be a coach for people earlier in their careers (see the Cal-ICMA Coaches Gallery: <u>http://icma.org/en/ca/programs/coaching</u>
- City/County Manager in University Residence program (<u>http://icma.org/en/ca/programs/manager\_in\_residence/overview</u>)
- Teach
- Write
- Serve on local nonprofit board
- Volunteer to serve as a resource for an Institute for Local Government program area (<u>http://www.ca-ilg.org/</u>)

## READING MATERIAL:

# Books

2016 ICMA Advisory Board On Graduate Education; Managers as Teachers: A Practitioner's Guide To Teaching Public Administration. 3<sup>rd</sup> edition. ICMA, 2016. Block, Peter; Flawless Consulting--A Guide to Getting Your Expertise Used Bridges, William; Transitions Crowley, Chris and Lodge, Henry S., MD; Younger Next Year Freedman, Marc; Encore: Finding Work That Matters In the Second Half of Life Gardner, John W.; Self-Renewal Hudson, Frederic; The Adult Years Leider, Richard J. and Shapiro, David A.; Repacking Your Bags Leider, Richard J. and Shapiro, David A.; Claiming A Place At the Fire Leider, Richard J. and Webber, Alan; Life Reimagined: Discovering Your Life Possibilities Zelinski, Ernie; How To Retire Happy, Wild and Free

#### Articles

- Benest, Frank: "Keeping the Passion Alive" (Public Management Magazine; Oct, 2006; <u>http://webapps.icma.org/pm/8809/public/feature2.cfm?author=Frank%20Benest&title</u> <u>=Keeping%20the%20Passion%20Alive%3A%20Some%20Lessons%20from%20My%20Pe</u> <u>rsonal%20Journey</u>)
- Benest, Frank: "Renewing the Profession Through Next Phase Managers" (Public Management Magazine; Aug, 2007, accessible through <u>http://icma.org/en/Search?s=%E2%80%9CKeeping%2Bthe%2BPassion%2BAlive%E2%8</u> <u>0%9D%2B</u>)
- Encore.org: "Looking for an Encore Career? The Guide to Finding Work That Matters," 2009 (follow the cite to download from <u>http://www.fastcompany.com/1489359/how-work-more-meaningand-get-paid</u>)
- Farrell, Chris: "Older Job Seekers Find Ways to Avoid Age Bias" (New York Times, Jan 15, 2015) (<u>http://www.nytimes.com/2015/01/17/your-money/older-job-seekers-finds-ways-to-avoid-age-bias.html?\_r=0</u>)
- Giesea, Jeff: "Design a Retirement That Excites You" (Harvard Business Review, Nov 17, 2015 (<u>https://hbr.org/2015/11/design-a-retirement-that-excites-you</u>)
- Hampion, Ken: "The Good Exit" (Public Management Magazine: Dec, 2010; <u>http://webapps.icma.org/pm/9211/public/cover.cfm?author=Ken%20Hampian%20and%</u> <u>20Katie%20Lichtig&title=The%20Good%20Exit</u>)
- Helmich, Nanci: "Avoid the shock: How to ease into retirement" (USA Today, Jan 18, 2015; <u>http://www.usatoday.com/story/money/2015/01/18/easing-transition-retirement/21815141/.</u>)
- Hellmich, Nanci: "Retired Baby Boomers face emotional adjustments" (USA Today; Feb. 3, 2015; <u>http://www.usatoday.com/story/money/2015/02/03/baby-boomers-retirement-emotional/22799155/</u>)
- Knight, Rebecca: "Plan a Satisfying Retirement" (*Harvard Business Review*, Sept 2014 on-line) (<u>http://blogs.hbr.org/2014/09/plan-a-satisfying-retirement/</u>)
- O'Rourke, Kevin; Garvey, Michael; Wood, Rod; and Benest, Frank: "Encore! Encore!" (*Public Management Magazine*; Feb, 2012; accessible through <u>http://icma.org/en/Search?s=%E2%80%9CEncore!%2BEncore!%E2%80%9D%2B</u>)
- Rosenstein, Bruce: "5 Ways To Infuse Meaning in Your Second Act." (<u>http://www.nextavenue.org/article/2014-10/5-ways-infuse-meaning-your-second-act</u>)
- Wong, Kristen: "Why Time Feels Like It's Flying By (and How To Slow It Down)" (<u>http://lifehacker.com/why-time-feels-like-it-s-flying-by-and-how-to-slow-it-1745852093</u>

## White Papers (from the Encore Manager Committee)

- "So you want to be an Interim Manager" (<u>http://icma.org/Documents/Document/Document/307166</u>)
- "So you want to be a Consultant" (<u>http://icma.org/Documents/Document/Document/307165</u>)

- "So you want to be a University Professor" (<u>http://icma.org/Documents/Document/Document/307167</u>)
- "So you want to be a Non-profit Executive" (accessed through <u>http://icma.org/en/ca/programs/encore\_senior\_managers/resources</u>)
- "When do I know it's time to leave?" (accessed through <u>http://icma.org/en/ca/programs/encore\_senior\_managers/resources</u>)

# WEBSITES:

General Resources and Advice

**Degrees For the Greater Good** (advice on matching academic background to nonprofit and volunteer opportunities) (<u>http://www.affordablecollegesonline.org/college-resource-center/volunteering-nonprofit-degrees/</u>)

Encore Careers (resource for second careers) <u>www.encore.org</u>

- Entrepreneur (advice for seasoned workers thinking about changing careers, or seeking encore careers) (<u>http://www.entrepreneur.com/</u>)
- Life Reimagined (advice on discovering new opportunities for your next life phase) (<u>http://www.lifereimagined.aarp.org</u>)
- Making a Difference through Volunteering and Nonprofit Careers (advice on volunteering and nonprofit work broken down to different area of activity) (<u>http://www.learnhowtobecome.org/volunteer-and-nonprofit-careers/</u>)
- Next Avenue (advice for retirees, including those looking for work) (<u>http://www.nextavenue.org/</u>)
- Second Act: How to Start an Encore Career After 50 (advice to those thinking about changing careers after the age of 50) <u>http://www.moneygeek.com/careers/encore-careers/</u>
- RealizeRetirement (ICMA-RC) (advice on financial planning before and during retirement) <u>http://www.icmarc.org/</u>
- RetiredBrains.com (advice for retirees, including those looking for work) <u>http://www.retiredbrains.com/Home/default.aspx</u>

Retirement Jobs (job resource; also some advice) <u>http://www.retirementjobs.com/</u>

- **Retirement Revised** (devoted to all things retirement, including encore career advice) (<u>http://retirementrevised.com/</u>)
- Wall Street Journal Report on Retirement (advice on several relevant topics, including finances) (<u>http://online.wsj.com/public/page/journal-report-retirement.html</u>)

<u>Job-related</u>

Common Good Careers.org (socially beneficial job listings) (<u>http://commongoodcareers.org/</u>)

Idealist.org (volunteer and paid socially beneficial job listings) (<u>http://www.idealist.org/</u>)