

# The Afterlife: Our Encore Performance

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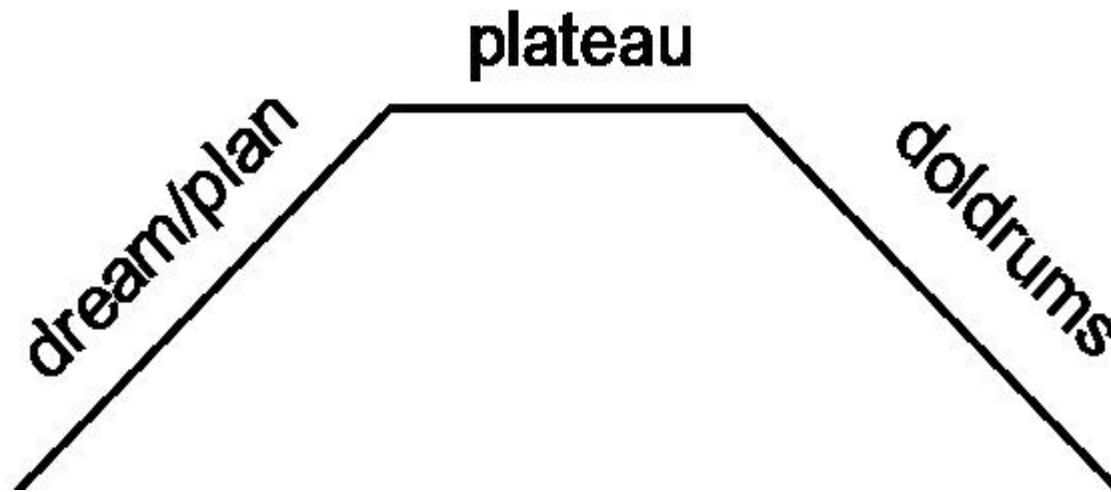
# Let's Collect Data

- What is one hope or dream about your “encore”?



- What is one fear or worry?

# Frederick Hudson's Life Phases

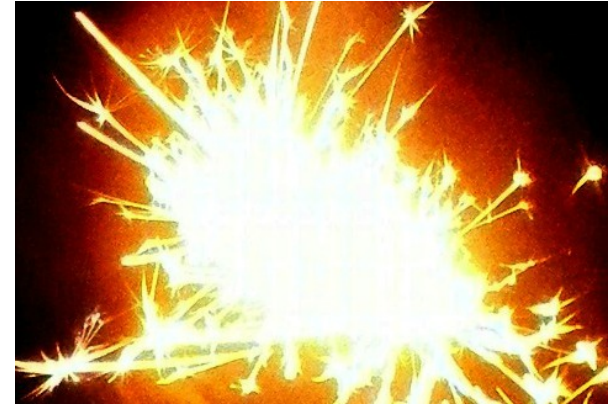


# 3 Choices

1. Do nothing
2. Make a mini-transition
3. Make a life transition

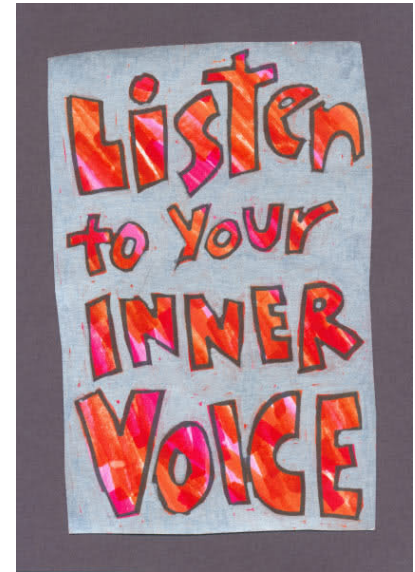
**DO  
NOTHING**

# Interviews & Focus Groups



# 5 Quick Tips

1. Reflect & listen to yourself
2. Share & get feedback
3. Rehearse
4. Make it a journey & allow for twists & turns
5. Be open to learning & discovery



# Questions/Comments?

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