The Village of Glendale Heights has entered into an agreement with the Carol Stream Park District which provides residents of Glendale Heights privileges and resident rates at the new Carol Stream indoor pool. Glendale Heights residents can use the new indoor pool located at Fountain View Recreation Center, 910 N. Gary Avenue, Carol Stream.



## Leisure Swim at Fountain View Recreation Center

Bring your family for fun in the water during designated Leisure Swim Hours or purchase a poolonly membership for lap swim - two lanes will be kept open for lap swimming any time the pool is open.

# Leisure Swim Fees

Daily Admission \$4/\$6

# Leisure Swim Hours

Friday: 6:00 pm-9:00 pm Saturday: 1:00 pm-5:00 pm Sunday: 12:00 pm-5:00 pm *Hours are subject to change.* 

# Lap Swim Membership

Individual Annual Pass \$125/\$145 Additional Family Member \$50/\$70

### Lap Swim Hours

Mon-Thur: 5:00 am-1:00 pm & 4:00 pm-10:30 pm Friday: 5:00 am-1:00 pm & 4:00 pm-10:00 pm Saturday: 6:00 am-5:00 pm Sunday: 7:00 am-5:00 pm *Hours are subject to change.* 

# Swim Lessons

#### Where are lessons held?

Swim lessons are held at Fountain View Recreation Center, 910 N. Gary Ave., Carol Stream, in the new 25yd indoor pool and warm water pool.

#### How do I register?

- Registrations are taken with the Carol Stream Park District
- New swimmers select a swim class level based on your child's age and previous lesson history or attend the Skill test Day on September 14th.
- Returning swimmers select a swim class level based on your child's previous swim lesson report card.

Class levels may be combined if deemed appropriate. Classes fill quickly; transferring from one level to another is not always possible. If you have questions, please call our Swim Lessons Coordinator at 630-784-6100 ext. 202.

## **Private Swim Lessons**

Get a more personalized approach with our private swim lessons. One-on-one lessons are tailored to meet swimmer's needs. Lessons are 30 minutes in length for a series of six lessons. Family members may be added on for an additional fee. Maximum of three students per class. Swim Lesson Coordinator will contact registrant within five business days of registration. No class November 25<sup>th</sup>-30<sup>th</sup>. For more information call the Carol Stream Park District at 630-784-6100. **Fee:** \$110/\$130 Add Family Member: \$30 R/\$45 NR

# Stroke Clinic (Ages 6-17)

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Work on your competitive swim stroke mechanics with the Carol Streams Dolphin's Head Coach. Develop that extra edge you want for the next competitive swim season. Swimmers will be grouped according to swimming ability. No class November 25<sup>th</sup>-30<sup>th</sup>.

Code	Day	Date	Time	Fee
35082	Tu,Th,	9/17-12/14	7:30 pm-9:00 pm	\$135/\$155
	Sa		6:45 am-8:45 am	

# Adult/Teen Swim Lessons (Ages 13 & Up)

Learn basic swim skills and gain confidence in the water or improve your swim stroke technique. Swimmers will be divided according to skill level. No class November 25<sup>th</sup>-30<sup>th</sup>.

Code	Day	Date	Тіме	Fee
35000	M,W	9/16-10/9	7:45 pm-8:45 pm	\$80/\$100
35001	M,W	10/14-11/16	7:45 pm-8:45 pm	\$80/\$100
35002	M,W	11/11-12/11	7:45 pm-8:45 pm	\$80/\$100

# (ntro to Competition (Ages 5-12)

Swimmers will learned advanced swim stroke techniques including breaststroke and butterfly. Elements of swim team training will be incorporated including starting block dives, flip-turns, finishing technique, and relay starts.

Code	Day	Date	Тіме	Fee
34997	M,W	9/16-10/9	7:45 pm-8:45 pm	\$80/\$100
34998	M,W	10/14-11/16	7:45 pm-8:45 pm	\$80/\$100
34999	M,W	11/11-12/11	7:45 pm-8:45 pm	\$80/\$100