



Background and Contact Information

Name: **Ken Hampian**

Title of Most Recent Full-Time Position in Local Government: **City Manager**

Organization: **City of San Luis Obispo**

Number of Years in Local Government: **30 years local; and five years at Federal level**

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Your “Encore” Experiences

Please describe below your various activities and experiences which may be of interest to local government managers as they consider their next life phase (for example, consulting, interim management, teaching, pro bono or volunteer work, writing, work in the non-profit sector, creative or artistic pursuits).

- Training (POST, local government)
- Lecturer (university)
- Writing (a book, articles)
- Volunteer (Davenport Institute for Public Engagement and Civic Leadership; local community)

Your Coaching Interests

Do you have any specific coaching interests? (for example, helping managers find interim work or teach)

Helping managers think through their options and timing; serving as a sounding board for other more “gut level” issues, like anxiety about leaving the role, withdrawing from our ingrained “sense of duty” and reinvesting oneself differently in the future.