



### **Background and Contact Information**

Name: **Joan Kent**

Title of Most Recent Full-Time Position in Local Government:  
**Assistant City Administrator**

Organization: **City of Santa Barbara**

Number of Years in Local Government: **33 years**

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### **Your “Encore” Experiences**

Please describe below your various activities and experiences which may be of interest to local government managers as they consider their next life phase (for example, consulting, interim management, teaching, pro bono or volunteer work, writing, work in the non-profit sector, creative or artistic pursuits).

Since retiring in December 2009 my encore focus has been to identify and develop new pursuits that bring happiness and fulfillment. I look at retirement similar to graduation from college. It’s a great opportunity to try lots of things in order to discover new passions.

Enjoying nature, physical activities, learning opportunities, and maintaining and expanding my friendships have shaped my life in retirement. For me, fun and fulfillment is lots more skiing, getting to the gym at 8A.M. (instead of 5:30 before work), taking wildflower and tai chi classes, hiking the local trails, discovering a new passion in birding, traveling more with my husband, and indulging anything else that peaks my interest.

### **Your Coaching Interests**

Do you have any specific coaching interests? (for example, helping managers find interim work or teach)

Moving into retirement is a major transition and opportunity. I am interested in speaking with anyone who would like to find their life’s passions and develop a fulfilling new daily routine.