INDIVIDUAL RESPONSE / BEHAVIORS

| Youth who currently smoke | 11\% | 8\% | - |
| :---: | :---: | :---: | :---: |
| Adults who currently smoke | 22.6\% | 11\% | $\bigcirc$ |
| Adults who engage in heavy or binge drinking | 13.4\% | 6\% | $\bigcirc$ |
| Adults who meet moderate physical activity recommendations | 43.6\% | 47\% | - |
| Adults who consume < 5 fruits/vegetables per day | 70.7\% | 67\% | $\bigcirc$ |
| Colorectal cancer screening, ages 50+ | 24.1\% | 40\% | $\bigcirc$ |
| Mammogram in past year, women 40+ | 69.3\% | 73\% | $\bigcirc$ |
| Births with $1^{\text {st }}$ trimester prenatal care | 81\% | 91\% | $\bigcirc$ |
| SOCIAL ENVIRONMENT |  |  |  |
| Domestic Violence rate per 100,000 | 365.2 | 321 | - |
| Level of social support | 84.0\% | 90\% | - |
| Families below poverty level | 5.4\% | 2\% | $\bigcirc$ |
| High social trust | 54\% | 60\% | $\bigcirc$ |
| High school drop-out | 2.1\% | 2.8\% | $\bigcirc$ |
| PHYSICAL ENVIRONMENT |  |  |  |
| Public perception of transportation problems | 10\% | 11\% | $\bigcirc$ |
| HEALTH \& FUNCTIONING |  |  |  |
| Infant mortality per 1000 births | 3.9 | 4 | $\bigcirc$ |
| DISEASE / INJURY |  |  |  |
| Overweight youth | 19.1\% | 12\% | - |
| Adult obesity rate | 17.2\% | 12.0\% | $\bigcirc$ |
| High blood pressure | 29.3\% | 18.0\% | $\bigcirc$ |
| Diabetes prevalence | 8.4\% | 6.0\% | $\bigcirc$ |
| Unintentional injury death rate per 100,000 | 53.4 | 23.0 | $\bigcirc$ |
| Lung cancer incidence per 100,000 | 70.6 | 65.0 | $\bigcirc$ |
| Breast cancer incidence per 100,000 | 107.8 | 110.0 | $\bigcirc$ |
| Melanoma incidence per 100,000 | 19.2 | 14.0 | $\bigcirc$ |
| Heart disease death rate per 100,000 | 130.1 | 120.0 | $\bigcirc$ |
| Vaccine-preventable disease incidence per 100,000 | 5.3 | 1.0 | $\bigcirc$ |
| Chlamydia incidence per 100,000 | 136.9 | 126.0 | $\bigcirc$ |
| Enteric disease rate per 100,000 | 31.7 | 28.0 | $\bigcirc$ |
| Motor vehicle fatalities per 100,000 | 16.5 | 15.0 | $\bigcirc$ |
| HEALTH CARE |  |  |  |
| Unable to get care in last 12 months | 9.0\% | 2.5\% | $\bigcirc$ |
| No insurance coverage (adults) | 16.9\% | 6.0\% | $\bigcirc$ |
| No insurance coverage (youth) | 14.1\% | 6.0\% | $\bigcirc$ |
| PROSPERITY |  |  |  |
| Percentage of earned to total income | 48\% | 50\% | $\bigcirc$ |
| WELL-BEING |  |  |  |
| Health status fair or poor | 14.2\% | 11.0\% | $\bigcirc$ |

[^0]INDIVIDUAL RESPONSE/BEHAVIORS
Youth who currently smoke: Percentage of middle school students who smoked at least one cigarette in the past 30 days (2007/2008). ${ }^{11}$

Adults who currently smoke: Percent of people who have smoked at least 100 cigarettes in their lifetime and who also smoked some days or every day in the past month (2007). ${ }^{2}$

Adults who engage in binge drinking: Percent of people who have consumed 5+ drinks at one occasion in the past month (2007). ${ }^{2}$

## Adults who meet moderate physical

 activity recommendations: Percent of people who engage in regular moderate physical activity (at least 30 min . a day 5 or more days a week) (2007). ${ }^{2}$
## Adults who consume < 5 fruits or

 vegetables per day: Percent of people who consume less than 5 servings of fruits and vegetables a day (2007). ${ }^{2}$
## Colorectal cancer screening, 50+:

Percent of people 50+ that have had a blood stool test in the past year (2007). ${ }^{2}$

Mammogram in past year, women 40+:
Percent of women over age 40 that have had a mammogram in the past year (2007). ${ }^{2}$

## Percent of births w/ $1^{\text {st }}$ trimester

 prenatal care: Percent of pregnant women (as measured by live births) receiving prenatal care in 1st trimester of pregnancy (rolling ave. 2005-2007). ${ }^{2}$
## SOCIAL ENVIRONMENT

Domestic violence rate: Incidence of domestic violence for every 100,000 population. Domestic violence may include murder, manslaughter, forcible rape, forcible sodomy, forcible fondling, aggravated assault, simple assault, threat/intimidation and arson (2007). ${ }^{6}$

Level of social support: Percent of people reporting they have 2 or more people within an hour's travel time that they can depend on (2006). ${ }^{3}$

Families below poverty level: Percent of families below poverty level (2005-2007). ${ }^{10}$

High social trust: The percent of people reporting high social trust. Social trust is an index measure which captures the degree to which individuals trust other people. The index combines trust of neighbors, coworkers, shop clerks, co-religionists, local police, and "most people" (2003). ${ }^{1}$

High school drop-out rate: The percentage of students in grades 9-12 for whom drop-out was the reason for withdrawing from school (2007/2008). ${ }^{5}$

## PHYSICAL ENVIRONMENT

Public perception of transportation
issues: The percentage of people that feel that traffic/transportation issues are the most important issue facing Sarasota County today (2008). ${ }^{9}$

## HEALTH AND FUNCTIONING

Infant mortality: Deaths in children less than 365 days old per 1,000 births (rolling ave. 2005-2007). ${ }^{2}$

## DISEASE

Overweight youth: Percentage of schoolage youth with a body mass index (BMI) indicating overweight. These data are collected by school health nurses for public school students in grades 1, 3, 7, and 9 (2007/2008). ${ }^{8}$

Obesity rate: Percentage of adults who are obese (BMI >=30) (2007). ${ }^{2}$

High blood pressure: Percent of adults told by a health professional they have high blood pressure (2007). ${ }^{2}$

Diabetes prevalence: Percent of adults told by a health professional that they have diabetes (2007). ${ }^{2}$

Unintentional injury death rate: Deaths due to unintentional injuries per 100,000 population. The rate shown is age-adjusted (rolling ave. 2005-2007). ${ }^{2}$

Lung cancer incidence: New cases of lung cancer per 100,000 population. The rate shown is age-adjusted (rolling ave. 2003-2005). ${ }^{2}$

Breast cancer incidence: New cases of breast cancer per 100,000 population. The rate shown is age-adjusted (rolling ave. 2003-2005). ${ }^{2}$

Melanoma incidence: The number of new melanoma cases per 100,000 population. The rate shown is age-adjusted (rolling ave. 2003-2005). ${ }^{2}$

Heart disease death rate: The number of deaths from heart disease per 100,000 population. The rate shown is age-adjusted (rolling ave. 2003-2005). ${ }^{2}$

Vaccine-preventable disease incidence: Number of confirmed cases of diphtheria, hepatitis B, mumps, pertussis, poliomyelitis, rubella, rubeola, and tetanus per 100,000 (rolling ave. 2005-2007). ${ }^{2}$

Chlamydia incidence: The number of new Chlamydia cases per 100,000 (rolling ave 2005-2007). ${ }^{2}$

Enteric disease rate: Rate of enteric disease (including campylobacteriosis, giardiasis, hepatitis A, salmonellosis, and shigellosis) per 100,000 (rolling ave. 20052007). ${ }^{2}$

Motor vehicle fatalities: Number of deaths caused by motor vehicle crashes, per 100,000 (rolling ave. 2005-2007). ${ }^{2}$

## HEALTH CARE

Unable to get care in last 12 months: Percent of adults who were unable to get medical care in the last 12 months (2006). ${ }^{3}$

No insurance coverage (adult): Percent of adults without health insurance coverage (2007).

No insurance coverage (youth): Percent of children <19 not covered by any source of health insurance (2007). ${ }^{7}$

## PROSPERITY

Percentage of earned to total income:
The percentage of earned income to total personal income (2007). ${ }^{4}$

## WELL-BEING

Health status fair or poor: The percentage of people that self-report their health status as fair or poor (2007). ${ }^{2}$

## SOURCES

1: Better Together Social Capital Report www.gulfcoastcf.org/page15676.cfm

2: Community Health Assessment Resource Toolkit: www.floridacharts.com
3: CHIP Household Survey 2006
www.chip4health.org
4: Economic Development Corporation of Sarasota County: www.edcsarasota.com

5: Florida Dept of Education:
http://www.fldoe.org/eias/eiaspubs/drop.asp
6: Florida Dept of Law Enforcement:
www.fdle.state.fl.us/FSAC
7: Florida Health Insurance Study: www.fdhc.state.fl.us

8: Health Management Component Report System. Data available through the Sarasota County Health Department.
9: Sarasota County \& Citizen Opinion Survey: www.scgov.net

10: US Census: www.census.gov
11: Youth Risk Behavior Survey: Data available through the Sarasota County Health Department


[^0]:    NOTES: Data are for most current year available. See supporting document for details.
    Trend lights determined by comparing current data with most recent previous data.
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